



A Conversation About **Finances and the Soul**

This is a transcription of a conversation between Lori Ferrell, Daniel Whitt, and Amy Young, hosted by Tim Austin. You can [listen to it here](#).

Tim Austin

Hey everybody, you are welcome into this conversation today about finances and the soul. I'm Tim Austin, your host and creator of this podcast. And today, I think is a milestone day being episode number thirty. So, thanks to all you regular listeners out there for staying tuned in. And to those who have recently discovered us, I hope you find our content both thought provoking, and encouraging.

What's your relationship with money? And how is it impacting your soul? Our relationship with money certainly affects our relationships both horizontally with others and vertically with God. But it goes even beyond that it impacts our own souls. My guests for this episode are Amy Young founder of Global Trellis, Lori Ferrell, a spiritual director, and Daniel Whitt, a missionary currently transitioning into the profession of personal financial planning. After listening, you may want to head over to the show notes to read their bios and learn more about how you can connect with each of my guests today. So let's engage in a conversation about finances and the soul.

You guys, I am going to be honest here, I'm not sure today how I'm coming to this conversation because of the state of my soul. Maybe because I'm I decided to get an early start on taxes. So I decided to get an early start. I'm, you know, a little bit preoccupied with some of that, you know how that goes. We're trying to do a refi on our home. So that's another area, I know that at times my soul is disturbed or squelched, or somehow distraught in, in these times, and so in it. I'm trying to relate it back to the finances, of course, because we're going to talk about finances in the soul. And I can recall many times over our 20 years of living and working overseas, finances keeping me up at night; we're going to talk about some of this, and the relationship between finances and the soul. And of course, on top of all that there's the global pandemic, right, which is impacting a lot of our listeners. So, we have a lot to talk about today with finances, and the soul. Have we bitten off more than we can chew here? Are we raising more questions than answers? But I want to just as we dive into this conversation, I just want to hopefully encourage our listeners from something that King David said in Psalm 43, verse five, he said, "Why my soul Are you downcast? Why so disturbed within me, put your hope in God, for I will yet praise Him." There's always hope. And, and I love how King David speaks into this situation he's in, in his place of being downcast and distraught. And just put your hope in God, I will yet praise Him. So that should be an encouragement to all of us today, that there's always hope and encouragement is we follow the Lord into these into these sometimes deep waters of concern over finances and, and just the state of ourselves. So, you guys, why are we connecting these two areas? Let's just kind of talk about this one. One feels in terms of finances, deeply worldly and the other? Spiritual, right. So why are we connecting them Daniel?

Daniel Whitt

Yeah. I think it was Martin Luther himself who said there's kind of three necessary conversations, the conversation of the heart, the mind and the purse. So I think there's some Yeah, just commending you



Tim for just really being willing to go there in this conversation and how finances engaged the soul? And yeah, you know, Jesus did talk a lot about money. And not to dive so, so deep into that, but yeah, there's a clarity there that finances or lead to our emotions and our soul, you know, and Matthew 6, where your treasure is there, your heart will also be; and I think Jesus is making it clear that there's a soul connection there. And so, yeah, it's exciting. A little scary, but exciting to dive into that. And I think some of that may be concern is maybe with the warnings that come in, there's an invitation to go there. But there's also a warning that Jesus gives. So yeah, it's clear that um, yeah, Jesus goes there. I think we're invited to go there as well.

And God wants to be in the middle of that relationship and our relationship with money. He wants to be right in the middle of it and forming it, shining light into it. And I really think that's why Jesus talked about it a lot is because he wanted to bring light into that place. And though in a lot of whether it's the parables or his conversations, maybe money itself isn't the actual focus, it's maybe a larger teaching, it's the coming of the kingdom at salvation. And it's clear, something that he knows, is, you know, a point of the soul to engage, and really using that space to engage communities. And so, yeah, in terms of kind of why, you know, it's just a conversation worth diving into, because Jesus goes there and is inviting us to go there as well.

Tim

I love that Daniel, like it's, it's, it's more of, it's not something we should shy away from. But be invited into by the Lord in this conversation today, as you've alluded to, Daniel, that the Bible has does have a lot to say about these two areas of our lives and the interplay and the connection between finances and the soul. And of course, we know that it's the Bible's teaching is not just for cross-cultural workers, it's for all of his followers. But why do global workers, those of us who are involved in support raising for faith ventures, and living off the generosity of our partners support? How, why do we have such an interesting or unique relationship with finances and the soul?

Daniel

I'll add kind of a little bit into that I think there's, we have a unique experience as cross-cultural workers. In that a unique view of the reality of where our wealth, or who our wealth belongs to; we're kind of less tied to this false perception that we earn our money, and therefore it is ours as maybe support raisers. And so I think maybe because of that, it's easier to feel a little heavier burden to steward it well. Because there's maybe less of that a false perception that, you know, "I've put in my 40 hours, and now I get my paycheck." It's, "No, I put my trust in dependency and, and God's Spirit working in the hearts of others." And, and so I think maybe with that, there comes a little bit of a burden to steward that well, because of less of just that tie, that it's related to our own efforts and earning.

Tim

What about some of the insecurity, global workers can feel. I know, personally, that there were times where I felt very insecure around my finances, feeling like I did not have any control, or I couldn't control the outcome. And in this, some of this could be around, around, you know, savings, emergency savings, retirement, or just some of the daily some of the choices that we could make. For example, let me just let me just talk candidly about vacations for your family, and how I remember there were times when we really felt a need to step back and, and get out of the situation we were in so that we could breathe and rest and renew as a family. And there's times when you're just not sure are you know, is this a wise use of a good stewardship of finances, asking for permission to, to, to use some of our support finances for vacation, and travel and things that are just things that are good for the soul? You know, so we're talking about the soul here. So what does anybody want to speak to that?



Lori Ferrell

I do think there's conflicts, when we see our support raising as you hear it, often people saying, "Well, I don't want to post a picture of us having fun on a vacation, because then they'll wonder why we're on vacation instead of doing our ministry." And as an advocate for soul care, and taking and taking care of ourselves, I offered a retreat last year, and one of the women came to me and was like, I can't afford it. I don't have enough support to pay for this retreat, but I really want it. I was all for finding ways to help her have it and I did went go and ask for some funds to scholarship her and one of the responses I got was, "We can scholarship her but we want to encourage you to be a voice for soul care being something people raise support for." And that was one of those moments where I realized, you know, that is a part of me advocating not just for soul care, but actually advocating that you be a voice for support; like when you raise support to say, and not apologize that you're raising money to support, things that help you be well, and even to educate people. This is helping us stay on the field. No, no, it's not just about ministry till we burn out and die like we are inviting you to see us as holistic people. So I think that is something we have to add to advocate both for ourselves and to our people, we support raise, but we have to help educate them. And maybe that word "educate" sounds condescending, but you know, just help them understand this is a way of being for us staying long term,

Tim

I almost hear you saying we have a category in the budget for soul care type of things that require finances to do, such as a soul care retreat, or counseling, or coaching or a family getaway different things like that. So they're so being an advocate. So what does that what does that look like?

Amy Young

I think being an advocate is as I'm listening to all of this, it's holding a broader perspective than just the current reality. And I think helping people to see the bigger picture. And, and leaning into those points of tension. Earlier, Tim, when you ask questions of like, "Why is this conversation maybe difficult to have?" and the thought that came to my mind right away is because of the mixed messages we get. Before I went to the field, someone that was held up or regarded, a historical figure, never mentioned support raising or financial needs in communication with supporters. That person only prayed about them. And, and I don't mean to say like, "only prayed," of course, we pray about our financial needs. But then it's confusing. How do we have conversations, if that that is what is held up as a more spiritual person is someone who, who prays and trust God, and then only celebrates, like the miraculous working out instead of, "I wrote a support letter, I cast a vision, as Lori said, I cast a vision for people to invest in soul care. And they did." You know, that doesn't seem like a very exciting story, as someone showed up at my door with whatever. And so I think part of being an advocate is having space for all of it—for the miracles, for the things that we don't publicly share. But also knowing when do I share something and and knowing there isn't just one cookie cutter answer, this is what it looks like to be a person of faith and to be a person of financial maturity, to realize there's a lot of different paths and even seasons within our own story where the Lord might ask you to do something different than He's asked you in a different season. Those are the thoughts that come to me when I think of advocacy.

Tim

That's good, yeah. Yeah, you know, finances, of course, we're talking about one of the biggest areas of cross-cultural life that can keep con global workers up at night. And, and cause a lot of confusion. And like you said, Amy, mixed messages. Why? Why is that? Let's talk a little bit more. Why is that? And what can we do about it from a healthy, be kind to your soul perspective, because there's a lot in some of those messages. They don't sound like they're really advocating for the soul or being kind to the soul of the global worker. So what are some ways we can turn that around into a healthy conversation, a be kind to your soul perspective,



Amy

The thought that comes to mind for me is really a lot of this is coming back to identity and who I am in Christ. I know for myself, sometimes where my struggle with money has been is it's been and I hate to I hate to say this out loud. That's why I'm stuttering and hesitating. It's been a place of security. If I have enough money, I feel more secure. And even then my definition of what is enough. I've also known cross-cultural workers who their attitude is, "Look, I raised this money. So my organization doesn't have the right to tell me." I think that's also getting into some identity stuff of whose money is it? Whose gift is this? And is are we seeing our money as a place of provision and security or a place of I'm still provision but then provision of generosity towards us and ways that we can be generous as well. So I'm just thinking, "How do I do this in a healthy way," is I first of all have to just get very honest with myself about my identity in Christ and keep coming back to that. And when I veer off a little bit, because we're all going to veer off. But just coming back to "Oh, wait, I'm thinking about money. Maybe in ways that aren't the healthiest," which is a little sign to me, I need to do some exploration here with my spiritual director, or with a counselor or just with myself and God. So that's not a tidy answer. But again, I don't think this is a tidy topic.

Tim

No, yeah, you're right. It's not not a very tidy topic. So there's, and there's a lot of different when we talk about organizations sending sending agencies, those that were those who are on our team, the just the circle of people around us and groups around us, whether that be churches, our companies, our colleagues on the field, our team, there's, there's so many different ideas and philosophies and approaches, approaches to support raising, like you said, Amy, there's, there's the, you know, don't talk about finances at all. Just share the vision. And by faith, the finances will come in, and there's the other there's the other side of communicate clearly what you need, and invite them into that in terms of finances, and then there's maybe a little more something in between there. But But how do we open up that healthy conversation and allow for allow for some of these differences of opinion and approaches, but have the conversation stay healthy and positive and moving forward? And and leading to a place where as global workers, we're getting what we need from from a soul care perspective. These are all big, big questions, big challenging questions. Daniel, you want to comment on any of this?

Daniel

Yeah, I would love to. You know, I think what I'd love to share with our listeners, I think, at least initially, because past experiences is, as I know, Amy, and Lori, you as well alluded to, can just kind of there can be some baggage that make even engaging the topic of money really challenging, really challenging for our souls, that keep us up at night. And so I think, putting out there an invitation to really engage and maybe starting with a place with like, "What's my relationship with money?" I think something that's that's really challenged me in that journey and feeling of safety to engage that place, is really looking even at the morality of money. Because really, you know, in and of itself, it's paper and metal. And it's really neither in and of itself, it's neither worldly or spiritual, just like the stone or wood of a of a casted idol. But when that object becomes, yeah, when it becomes the object of our affection, or our hope, of our, of our souls, then it can take on that worldly character. But in the same when that same stone or wood is used for the purposes of building a home, or constructing a bridge, in the same way money, when it's used in such a way that reflects God's heart, whether it's taking care of ourselves, whether it's caring, and serving, others being generous, whether it's honoring our parents, or our children through something such as estate planning, it can be incredibly spiritual. And so I feel like that's maybe a safe place for people to begin to engage that conversation and back to kind of what Amy said, of my identity and keeping my identity in check and knowing who am I and really, who is God. I can help us start some of that conversation.



Tim

So it's really what I hear you saying, Daniel, it's a great place to start is what is my relationship with money? Get getting personal with that, really, whether that's with yourself or as a if you're married, with your spouse. How do we, how do we approach this in terms of our relationship with money? That's good. Lori, how about you anything you want to add to this?

Lori

I think that I'm just struck by what Daniel was saying and that, and our whole conversation from the very beginning just even being proposed to talk about soul and money. Um, and I think that thoughts that are going through my head, we'll see what comes. But the dichotomy of spiritual and not spiritual is one that probably makes our relationship with money, a place of wrestling that we're not always comfortable with. And sometimes the church may not help us with answers, because we're not supposed to be attached to our money. And yet, as missionaries, you do need the money to stay. I think it helps us if we're able to not categorize spiritual or not spiritual, because everything is can be spiritual in the sense that God will talk to us about money. And so sometimes I think when we're, we're seeing that we have all the money we need, and we don't have to wrestle with it, it's probably those times that we forget to talk about it. Because our security that comes.

And it's the times when we don't have enough that it brings up our relationship that Daniel's talked about our relationship with money, it comes up in the times when we feel less secure. And I think those are great times to, it's gonna bring a wrestling, right, we're gonna have to wonder, does this mean it's time to go home? Does this mean we just need to try harder to support raise, we need to get the letters out. But as a spiritual director, I think my interest would be it's less about finding the answers, and more about the noticing how am I? What am I? How am I experiencing God right now? How does this leave me feeling like does this mean God's not approving of us right now? Is there sin in our life that might be places we go to first? But actually, what if the money, the relationship with the money, being fully supported versus money has dropped? What if it has nothing to do with some of those automatic responses we have of you know, there's nothing you've done wrong, or, but now you are in a place as a human being. Just like the rest of the world, we have times of a lot and we have times of not as much. So how do we sit with that? How do we remember we are human? We are not only spiritual beings, but we are both. So those are some thoughts swirling around,

Tim

Lori that it's so so onpoint, because I feel like support raising, as I look back on our 20 years of living and working overseas and the seasons of support raising, it felt like such a roller coaster ride at times of emotional highs and lows. You'd have a good you'd have a good meeting with with, at a church or in a in a group with with some with supporters, you'd have a one that didn't go so well. The finances didn't come through. And and if we could do more of what you're talking about, that that would seem to level out that emotional roller coaster, by grounding us in? Well, a lot of these things, we're talking about identity, just taking notice of where we're at. And this the state of our souls are, who we are, you know, there's so much in that. I love that. I don't know about you, guys. Anybody else want to comment on that?

Amy

I just want to say as listening to you talk Lori, and then your response, Tim, and I can feel Daniel's presence here too. I got tears in my eyes, I think because these, these are important conversations that touch on deep things. And I love that we don't have to shy away from them. But they're, as Daniel said, at the very beginning, there's this invitation. And Lori, as you were saying, to notice what is happening and that there's just, it's such a freer place to live of invitation and noticing and that we can cry out to God



when when we need finances, or our needs are not being met. Like He wants to hear all of that. So noticing what is going on and bringing that to God. So that was just my and so I wanted to notice Wait, I have tears in my eyes. Something is going on here. So I just even thought like even in the moment, even in this conversation right now. I want to practice what we're talking about. So that's what I noticed, I had tears.

Tim

Yeah, thanks for sharing that Amy. And I think you know what, again, to going back to what you said Lori, sometimes it has nothing to do like you said with some of the questions we're asking, it can just be a look at where we're at now with with COVID, it's affecting everybody; it's impacting almost everybody in some way, shape or form. And a lot of that is in the area of finances. Does that mean my call, you know, my call is over, I no longer am called here, or I season of, of, of life and ministry is over, or there's going to be a big shift or change, not necessarily, where we're experiencing a lot of the impact of something that is global, you know, and it's affecting so many people and impacting so many people. And that goes back to if my identity and security has been wrapped up in, in the state of my finances, that's going to feel heavier on me right now.

Lori

I think one of the thoughts coming to my mind is the idea of scarcity that can come when there's not enough. And that this impacts our relationship with God as well, these are all ways that it reflects our belief system. And so our beliefs about God come into, like view when things aren't going the way maybe we expect them to or we think they should go. And so, you know, when we're doing God's work, we might expect, "Well, I've been called to this, there should be enough and people have been behind us, and they've given to us." But then what do we do when we find Okay, during COVID, a pandemic or other crisis in the world where maybe finances are impacted, and people aren't giving as much. And this impacts everyone, right? This doesn't just impact missionaries, but missionaries feel it when the world feels it. And so then that grappling of scarcity. And I think sometimes what we all see is, and I'm not saying, I've never been guilty of this, I definitely feel I am guilty of that scarcity mindset, where there's not enough and so we start to kind of shut down our generosity towards ourselves, towards the way we are living, I see people, you know, not eating well on the field, because they don't have enough so that they start to buy cheaper food and not have as much and so that impacts your physical health. I mean, there's just so many ways where our money actually impacts so much more than we even realize, you know, and our mentality of how we live. And I think it does, definitely gets down to heart issues.

Tim

Right, right. I mean, just this whole area of trusting God for our daily and monthly needs. It's a growth journey for all of us, in the global worker community. And it just goes with the territory, this this area of, of trust, and walking that out. What about, so let's talk, let's shift a little bit and talk about some of the long-term financial concerns. I'm thinking about areas of savings, like emergency savings and retirement. How do we even give ourselves permission to go there? You mentioned this scarcity mindset, when there's doesn't seem to be enough. But even when there does seem to be enough, how do we give ourselves permission to go there when we are living off the generosity of our financial partners?

Daniel

Yeah, I would think I mean, some of that, maybe beginning that journey of, okay, who does this belong to? And, you know, shifting from how do I steward my supporter's money? Well, so like, how do I steward God's resources? And that's hard. And it's hard, because even as I say it, I'm like, my supporters may not see it that way. Or that may catch them a bit by surprise, they may see Yeah, kind of this, you know, and we use the terms of like they've invested in the kingdom through us. And so they want to, I don't know,



we use these terms, like see a return on that investment. And, and, okay, does that look like you know, what does that look like? What are their expectations for that, and that's really hard and really hard to know, and having different supporters with different expectations and, and maybe even just some practically in ways that could be helpful as some of those may be early conversations for those who are just launching out those, just clear expectations with supporters from the beginning of the importance of this soul care, and you wanting to really have a long-term mentality.

And in the same way, you're gonna be proactive in learning the language and learning the local culture. You want to be able to set yourself up, yeah, just with your finances to be able to care for your soul to care for your family member's souls, so that you can minister to the souls of others. And, yeah, maybe some of that even begins with just that those early conversations and having those expectations I remember being, my wife and I being, so surprised in a meeting with a mission's board. And we shared kind of a budget with them that included some of more of these long-term things. And, you know, they really captured that soul care, I think, sensitivity, and they just wanted to be sure we had money set aside for a date night. And that just kind of really gave us a freedom to hear that those who were standing with us, and really seeing us as conduits of God's resources, you know, what, share that permission with us. And I think that also helped us give it permission to ourselves, and maybe even give some verbiage to help maybe others who maybe don't communicate that as clearly to have those expectation conversations.

Amy

One thing I think that gets complex for cross-cultural workers is how much of this to make public. And so even as I'm listening to this conversation, I'm thinking all of us are in play, meaning all of us are going to change the way I think about things now is different than it was five years ago. And I hope I keep growing. And in two years, I'm thinking differently about things. So no matter where you are, dear listeners, you listen to this. If this is stirring something in you, maybe you don't have to tell anybody; obviously, if you're married, or you know, family, or close friends, but that change can start with you. So maybe you don't have to tell your supporters, "I'm going to start investing in retirement," or I'm going to start exploring this, you can just do it. So I think there's freedom to keep growing and keep learning and keep leaning into this. And to know that every country listening to this is going to have a slightly different system. So, know your system and know how to work with it. I was also thinking in different areas of cross-cultural workers. Again, we've all heard the stories where they packed their stuff in their coffins, because they went to the field to die. That's not the era we live in now. And we do live in an era where agencies aren't providing for retirement the way previous generations did, which is neither good nor bad. It's just a fact. And so I think understanding the area you live in, understanding what are kind of norms, cultural norms of your era, or your organization, and taking advantage of them. Instead of sticking your head in the sand and saying, "I don't like to think about this, I don't want to, I want someone else to do it for me to go." Okay, well, the person who's gonna do it for me or for my marriage, or for our family, is me, is us. And so I think part of it just comes from being willing to own that and to say, I have some agency here, as someone who reflects the image of God, God has granted us with some agency. So that's what I'm thinking.

Tim

Yeah, yeah. Good. Good, Amy.

Lori

I wonder sometimes that we have no this might be speaking from 20 years ago, raising support for the first time and reading some of the books that Amy referred to earlier, that give us this idea of living by faith. Versus I guess the other is not living by faith. But what's more,



Amy

I want to jump in right there. I even hate that. Like that's letting my faith and this is it. So yes, I applaud you for going right there.

Lori

Thanks. Those voices in our head that we've defined, this is what living by faith looks like. And this is not what my feed looks like if you talk about your support raising versus just pray about it. And again, I just like to say there's not a right or wrong, and it won't look the same for you as someone else and say what looks like living by faith for one person isn't going to be what you're living by faith has to look like and so what is the invitation for you? And I also think I'd like to add that it changes each season. And so the young 20 year old who's not thinking about, you know, when they're 65 yet, fair enough; they don't need to be thinking about Am I going to live at 65. And it's okay, if they just raise support for the barest minimum, you know, and they go; but then at some point, probably in their late 20s, especially if marriage or even if marriage doesn't come along, or 30s, they're gonna start to think you know what, I need money for soul care. I need that vacation. And is that okay? That now at whatever age 30, we'll just say, they decide I need vacation put into my budget, whereas at 20, I was raising the bare minimum. Now I'm asking for a couple asking 1000 more a year. And I don't like you said, and you don't have to tell everyone. But people may notice, they may ask, but that's where we have to say, you know what, this is where I am now. And then moving to the later and stage Tim, that you were talking about? Okay, so in our 40s, or whatever age comes along, and we've got kids that are aging and starting to get closer to that time where we're aware of college, and yeah, we're gonna start to think, "Okay, is this wrong now that I'm asking for people to give me money that I'm going to save?"

And if that living by faith has put us in a box where we're not allowed to do that, and I would like to say maybe we need to re define what living by faith means. And that it's not a one size fits all. It's not one season for all of life, to give ourselves permission to have different seasons, different ways God's speaking to us. And that keeps us in our relationship with God as a flesh, meaning like breathing, changing, ongoing, and we have to continue to come back to God in prayer with this rather than at 20. Whatever God said, it still goes at 50, which can either cause judgment on ourselves when we pay is that living by faith definition hindering us to actually live by faith in a way?

Tim

Is that living by faith definition that I have, is it helping or hindering me actually living by faith? That's it? That's a that's a great question to go to create some space, and to bring before the Lord to bring before, to open up a conversation with a trusted friend or a spouse? Boy, that's that's a, that's a great question to land on there. Lori, thank you for sharing that.

Well, as we wrap up here, guys, I feel like we there's always a lot more to, to dive into to talk about, and maybe we'll return to this topic down the road. But I want to just I want to just wrap up our time by asking what kind of support is available for those in the global community who want to get more intentional about caring for their own souls while attending to the ongoing need of support raising, communicating with donors, finances, all of these things that we've been talking about today. And as I'm, I'm asking that question, I'm thinking about who's in the room with me. And we have each one of us are in various support roles. So I'm asking that question to you, and maybe just give a quick, each one of us can give a quick response to that what kind of support is out there for those wanting to dig, maybe dive in deeper to this, or on a more personal level on a one on one level? with somebody? Let's let's talk about that a little bit. Maybe we'll just start with you, Lori?

Lori



Well, I can't offer financial support, but I can offer and others in the role of spiritual direction. I think that if there are places where this conversation has maybe resonated or caused you to feel uncomfortable, and squirm, those are both places where we notice either hmm, I'm resisting or wanting more. I'd like to grow I'd like to understand my relationship with money and finances. But I'd also like to hear God's voice in this area. So spiritual directors are just people that can come alongside and companion you in that journey on any topic, including finances as well. So that is one way that a spiritual director can support you in that journey.

Tim

Great. Great. Daniel, how about you?

Daniel

Well, yeah, I think what I would speak to is someone who is has kind of transitioned off the cross-cultural field and now entering and pursuing becoming a financial planning professional. Yeah, very open to just having those conversations, general conversations and, and being a listening ear; and then hopefully a bit of a lamp into the feet, if you will, into the areas of the disarray. And some of those resources that have been valuable for me, generally speaking, [Spirituality of Fundraising](#) and Tim, maybe you can put some links and show notes or whatnot. It's a book by Henri Nouwen. And that's really powerful, just about support raising. And there's a group called Ron Blue Institute, that just is a Christian perspective of financial management. And some of these more practical resources may be more appropriate for our American listeners. For those international I think there's still some principles that could be gleaned. There's a blog called [Vagabond Finances](#), and talks a lot about a blogger and different contributors, just kind of the US, particularly for us expats, but again, some translatable principles, and then I'll throw one out, that's a little bit of a challenge, because maybe the title may not sit well. But for those who are wanting to take a little bit deeper dive, and especially in terms of the long term and, and even financial investing, and there's a book book called [Millionaire Expat](#). And really what that's about is just for different cross-cultural workers, depending on their host countries, how they can continue to invest for the long term, in spite of maybe regulatory permissions and a particular host country versus their tax domicile country. And that book just provides some good insights. And, and kind of for those who are interested in taking a bit of a deeper dive.

Tim

Good. Thanks, Daniel. And we definitely, we can definitely put those links to those resources. in the show notes for our listeners, great, Amy will wrap up with you.

Amy

My only thing I would say is for Global Trellis, this is, these are the kind of conversations we want to have. I think the world loves to isolate, like let's have your finances over here. Let's have culture over here. Let's have your marriage over here. Let's have your soul over here. And God calls us to be integrated whole beings. So these are the kind of conversations we are going to keep having on this podcast and at global trellis. So thank you so much, Tim, for facilitating this.

Tim

Oh, absolutely love being with you guys today. And we will definitely keep these conversations going. We may raise more questions and answers. But I think that all the questions that were raised today are, or a lot of them maybe something particular resonated with you as a listener, and you want to take that question into some space to reflect and to just dive deeper in some way. That's, that's really the goal of what we're doing. And so yeah, great to be with you guys today. And we'll sign off.



Lori

Thank you.

Daniel

Thank you so much, Tim.

Amy

Thanks.

Tim

I've personally enjoyed interacting with Amy, Lori, and Daniel as part of the global trellis team. And you can as well by heading over to global.trellis.com where you'll find contributions from each one of them. If concern or confusion over finances has been keeping you up at night, I encourage you to stay in that uncomfortable space and take notice. How can you intentionally engage the process toward more understanding, a perspective shift or whatever is being highlighted for you. And feel free to reach out to me at encompass.life.coaching.com and learn how coaching with me can create space for intentional conversations, which then become catalysts for growth. And if this podcast has been helpful to you in some way can I encourage you to head over to iTunes and give us a review, ratings and reviews help expand our audience and reach more listeners. Thanks again for joining me for this episode of navigate. I've been your host Tim Austin and I hope you join me for our next conversation.

