



Reflection Point

Weekly Review Worksheet

What are the 2-3 things that went well this week?

1. _____
2. _____
3. _____

What actionable items from last week are uncompleted? (Carry these over to your calendar or to-do list.)

What new tasks or projects are priorities for next week? (Calendarize them if needed.)

How are your relationships going? Which ones need more attention and care, both personally and professionally?

What's your bigger WHY – your dreams and desires that you want to stay connected to?

What is one behavior you would like to change or modify?

What is one routine you would like to establish over the next 60-90 days?