

Let's Discuss *Let's Talk About It*



You've read *Let's Talk About It*, the research paper by Global Trellis that explores eleven areas cross-cultural workers are facing. Now what? Our hope is to keep the discussion going! So, to move the discussion from the page into your team or organization, here is how your team, region, or organization can discuss the paper.

- 1.** Set aside a block of time. If you want to discuss the entire paper, ideally set aside two hours to a half a day. If instead, you want to weave it into weekly or regular meetings, discuss the topics one-by-one during a meeting.
- 2.** Pre-assign one or two people to each of the topics.
- 3.** Ask the people you have assigned to a topic to review their topic before the meeting and come prepared to share the following with the group:
 - a.** Give an overview of the topic (i.e., politics, debt, marriage)
 - b.** Share one or two quotes that stood out to you as you read your topic
 - c.** What is one thing you could implement on your team, in your region, or in your organization that would help facilitate healthy conversation around the topic? (Adjust the question to fit your situation.)
 - d.** Be prepared to ask everyone after you have shared: what's one question you have of the group that we could discuss now?
- 4.** When you meet, briefly review the study and share a quick summary of the results. If you're discussing this weekly, topic-by-topic, only do this the first time.
- 5.** Predetermine how much time you will give to each topic (for instance, 20 minutes) and assign a timekeeper. When the time keep says, "time's up!" move to the next topic, no matter how much you want to keep talking.
- 6.** Hear the presentations on the eleven topics.
- 7.** Before you leave, decide one to three next steps to keep exploring or needs addressing.
- 8.** Close with three minutes of silence to allow time to reflect on and receive what you've heard.

Download the paper at:

www.globaltrellis.com/lets-talk-about-it-white-paper